



## CS Trust Bulletin September 2024



### CS Trust Board Meeting Reminder

The next CS Trust board meeting is scheduled for Monday, October 21, 2024. The meeting will be held in person at the CSIU and begin at 6:00 p.m. Dinner will be available before the meeting from 5:30 p.m. to 6:00 p.m.

If you haven't already registered your attendance, please click on the link below or email Diane Morgan at [dmorgan@csiu.org](mailto:dmorgan@csiu.org) by October 15, 2024.

<https://forms.gle/ewy2UAZbaVpshRSU6>

The agenda and supporting documents will be emailed to trustees before the meeting.



Express Scripts is continually taking steps on our behalf to ensure greater predictability, affordability and access to low-cost inflammatory treatments. The comprehensive approach outlined below to prefer innovative ADALIMUMAB biosimilar products to HUMIRA® takes into consideration formulary placement, clinical efficacy, and interchangeability while providing a seamless patient experience.

Starting January 1, 2025, Express Scripts by Evernorth will prefer the following biosimilar products for: commercial formularies, SafeGuardRx® Inflammatory + Atopic Conditions Care Value<sup>SM</sup>, and Preferred Specialty Management, in addition to other inflammatory products based on indication:

- CYLTEZO® and its unbranded adalimumab-adbm version (Boehringer Ingelheim), the first low concentration interchangeable biosimilar with HUMIRA, now also available in high concentration formulations
- SIMLANDI® (adalimumab-ryvk) (Teva), the first interchangeable biosimilar with HUMIRA, high concentration, 40mg strength
- ADALIMUMAB-ADAZ (Sandoz), high-concentration formulation, unbranded with interchangeable 10mg, 20mg, and 80mg strengths and noninterchangeable 40mg strength
- High- and low-concentration interchangeable biosimilar products produced for Quallent Pharmaceuticals through agreements with multiple manufacturers

Impacted members will be notified this fall.

## Changes to the National Preferred Formulary

On January 1, 2025, Express Scripts will exclude 21 additional products from the National Preferred Formulary (NPF), demonstrating their commitment to minimizing healthcare waste by excluding high-cost medications that may not provide better clinical outcomes.

- The list of new NPF exclusions is available [here](#).

## Print and Virtual Member ID Cards

Express Scripts members can print their member ID card from [express-scripts.com](https://express-scripts.com) or view their virtual member ID card on their smartphone using the Express Scripts mobile app.

More details are available on the attached flier.

[Express Scripts ID card details](#)



## Capital Blue Cross Wellness Sessions Scheduled

All participating school employers must complete one virtual or onsite wellness planning session annually with Capital Blue Cross. Jenifer Carricato, CBC Senior Health Education Consultant, has scheduled five sessions with the first one on Monday, October 7, 2024.

Please share the below session information with your wellness contact and request that at least one person register for a session. By joining, the employer will satisfy the 2024/2025 requirement.

Sessions:

- [Wellness Session #1 - Monday, October 7<sup>th</sup> - 11:00 am - 11:15 am](#)
- [Wellness Session #2 - Thursday, November 7<sup>th</sup> - 11:15 am - 11:30 am](#)
- [Wellness Session #3- Monday, December 2<sup>nd</sup> – 2:00 pm - 2:15 pm](#)
- [Wellness Session # 4 -Tuesday, January 7<sup>th</sup> – 10:00 am - 10:15 am](#)
- [Wellness Session #5 -Wednesday, February 5<sup>th</sup> - 3:30 pm - 3:45 pm](#)



## Webinar Reminder

Rx Savings Solutions (RxSS) is hosting a webinar event in October for any staff member enrolled in a CS Trust health plan who wants to learn more about the prescription drug savings program. This program does not replace the prescription plan but is an additional resource to help save money.

Webinar dates/times:

- Monday, October 14, 2024 @ 1:00 p.m.
- Tuesday, October 15, 2024 @ 3:00 p.m.
- Wednesday, October 16, 2024 @ 1:00 p.m.
- Thursday, October 17, 2024 @ 3:00 p.m.
- Friday, October 18, 2024 @ 1:00 p.m.

[REGISTER TODAY](#)